

GUISBOROUGH u3a NEWSLETTER No. 49 – JULY 2026

Welcome

It was great to see so many of you at our July meeting and to enjoy the summer mood created by the Singing for Pleasure Group. The group is always looking for new members so why not join them at their next meeting on 10th September.



Next month we'll be joined by John Douglass, who will talk about Recollections of a School Teacher.

We're not slowing down over the summer and will be taking part in the Yorkshire Day Celebrations in Guisborough on 2nd August. More details are included in the newsletter. Those joining us at Kynren - please read the information in the excursions section about helpful hints for our visit. Due to a double booking, there is one ticket left - please contact me if you'd like to join us.

Moir, Chair

What's On

Date	Event	Location/details
Wed 15 Jul	60+ driving course	Co-op Funeral Service, Park Lane 2:30-4:00pm (for those who have already signed up)
Wed 5 Aug	Monthly meeting Speaker: see Important Notices	2pm, Parish Hall, with refreshments from 1:30 pm
Sat 15 Aug	Coach excursion: Kynren , Bishop Auckland	One ticket remaining ; important details for those joining us on the trip can be found below
Thu 17 Sep	Coach excursion: Burton Agnes , near Driffeld	Further details below
Thu 15 Oct	Coach excursion: Castle Howard Arboretum	Further details below

Important notices

- **The next monthly meeting** will be on **Wednesday 5 August**, at the Parish Hall, Bow Street. The doors will open at 1:30 pm and the meeting will begin at 2:00 pm. We will be joined by John Douglass, who will share his recollections of his time as a teacher.
- No-one has yet stepped forward to replace Pam as **Room Bookings/ Accommodation Organiser** for the Guisborough u3a. Please consider this important role to support the work of our committee. To find out more about what the role involves, please speak to **Pam Rayment**

Guisborough u3a Excursions

*** NEW PROCEDURES WHEN BOOKING EXCURSIONS ***

Due to security concerns relating to the banking by post of cheques submitted for payment for excursions, and the additional information provided by members on the reverse of said cheques, we are asking members to follow the new instructions below when booking excursions.

When booking excursions at the monthly meeting:

- Have your membership card with you
- Please write on the reverse of your membership card your contact number and preferred pick-up point (Fountain Street or St. Paulinus)
- If paying by cheque, please write it out beforehand. Cheques should be made payable to "Guisborough University of the Third Age"
- Write your membership number and the name of the excursion on the reverse of your cheque
- If you have not completed your cheque prior to coming to the meeting, please use the red table AT THE SIDE of the booking table to do so
- If paying by BACS, please ensure you provide your u3a membership number and excursion for reference

Business account name: Guisborough University of Third Age

Account number: 16979460 **Sort Code:** 77-71-29

When booking excursions at other times:

- Contact the organiser to check there are places available
- Pay by BACS (details above)

Thank you. **Moir & Pauline.**

Kynren, Bishop Auckland - Saturday 15 August 2026

A few reminders about our visit to Kynren on Saturday 15th August 2026:

- The coach will leave Fountain Street car park at **5:30pm** and thereafter St Paulinus, The Avenue.
- The return journey after the performance will be at approximately 10:30pm and we will arrive back in Guisborough at approximately **11:45pm**.
- We need to be in our seats 10-15 minutes before the show starts and there is no interval – the exact start time will be confirmed when tickets arrive, but I expect it to be at approximately 8:45pm.
- There are security checks at the entrance.
- You are not allowed to take food & drink (even water) into Kynren. Retail and food outlets are available onsite and are open prior to the night show.
- Kynren is a cashless site. There are no cash point facilities, and all payments must be made by card.
- Due to the size of the park, those who have difficulty walking long distances may wish to bring a walking aid.
- There are plenty of toilet facilities across the Kynren site.
- Filming and photography are forbidden except for the finale.
- Umbrellas are allowed anywhere except in the arenas and tribunes, to avoid obstructing the views of others.

For queries, please contact excursion coordinator **Moira Stokoe**

Burton Agnes Hall and Gardens, near Driffield - Thursday 17 September 2026

The cost is £38 (£22 if you are a member of Historic Houses)

Burton Agnes Hall has been described as a “splendid and glittering composition”. The family stress it is a lived in family home! The original Norman Manor House was built by Roger de Stuteville in 1173. The Hall underwent development in 1457 under the ownership of Sir Walter Griffiths. The principles of Tudor Renaissance architecture are in clear evidence (the architect was Robert Smythson, master mason to Queen Elizabeth 1st).

There are extensive gardens including a walled garden with borders, a jungle area, a yew maze, and the woodland area has a peaceful arboretum walk. There is a café and a shop selling food and souvenirs as well as plants. We will have a guided tour of the hall (lasting approximately 1 hour 15 mins). There will then be time for you to explore the gardens at your leisure. The coach will leave Fountain Street car park at **9:00am** and thereafter St. Paulinus, The Avenue. The return will be approximately **3:30 – 4:00pm**.

For queries, please contact excursion coordinator **Pauline Warrington**

*****NEW*** Castle Howard Arboretum - Thursday 15 October 2026**

The cost is £35. The Castle Howard Arboretum is 120 acres of peace and tranquility in the heart of North Yorkshire. Immerse yourself in the stunning landscape of parkland, lakes and ponds within a collection of more than 7,000 trees from around the world.

We will have a tour of the Arboretum with a specialist guide and then you are free to wander and explore peaceful hidden glades and meadows and discover the wildlife that call the Arboretum home. The Arboretum is home to one of the UK's most successful Red Squirrel breeding programmes. During your visit you can visit the red squirrel enclosure. There is a café at the arboretum for coffee and light lunches.



The coach will depart Fountain Street car park at **9:30am** and thereafter St. Paulinus The Avenue. The return journey will be at approximately **3.30pm**. For queries, please contact **Moir Stokoe** Booking will begin at August meeting.

Visit to Ripon and Littlethorpe

In June, we visited Ripon and Littlethorpe Manor where we were shown around the fantastic gardens by the head gardener, Eddie Harland. My photographs don't do it justice! **Moir**



North East Region u3a Information



Short Story Competition and/or Poetry Competition

You don't have to be a member of a creative writing group to enter. All u3a members of the u3a North East Region are welcome to submit a short story, of no more than 1,500 words and/or a poem of no more than 16 lines.

on the theme of 'Happiness'

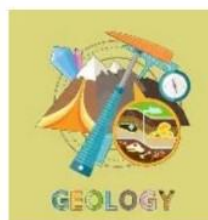
**Your entry must be received by 12 noon on
Friday 11th September 2026.**

The competition is free to enter.

Rules and regulations can be found on the Regional website or by contacting Cecilia Coulson, lead of the Northumbria Creative Writers email: cecu3a@gmail.com

u3a North East Region and Borders GEOLOGY NETWORK

Open to all u3a members



Monthly Talks and Discussions via Zoom by Elizabeth Devon

This is a new session introducing concepts to help people interpret the landscapes around them.

**Commences on Tuesday 15th September at 10am via Zoom.
10.00 to about 12.00**

If you are interested in joining, please

contact: Elizabeth Devon

elizabeth@earthlearningidea.com



'PRE-RAPHAELITES: ART AND POETRY' TOURS AT THE LAING

Tours of the above Laing Art Gallery exhibition are being arranged for our members of u3a North-East Region.

Date: Tuesday 20th October at 10.30am and 12.30pm

Venue: Laing Art Gallery function room for a presentation

about the exhibits followed by a guided tour of the exhibition.

Some information has yet to be received such as the cost of tickets but once this has been unveiled, information will be sent using Beacon to Chairs and Business Secretaries for dissemination.

A MUST – SEE attraction!

This exhibition is a highlight in the year for the Laing and the North - East and will show the interconnection between decorative art and the written word.

According to the Laing, it is 'the first in-depth exploration of the connection between Pre-Raphaelite art and poetry'.

The star line - up includes eg 'Laus Veneris' and the poems of Dante and Christina Rossetti, Keats and Chaucer. Wow!!

u3a
North
East

**u3a North-East
Region in
Association with the
Events' Team**

**Don't miss this
unique exhibition**

**Booking information
coming soon**

**See the exhibits with
fellow u3a members**

**Share your insights
into the art works
and poetry**

**A u3a date for
your diaries**

To access the **North East
Region u3a website**, click on
the link below:

<https://northumbria.u3asite.uk/>

The **Home page** has tabs
across the top and **Latest
Notices**.

The **Events** page is about
future regional u3a events.

The **News** page has
information about other future
activities etc. and general
information that will be of
interest to our u3as.

The **Messenger** page has
information and reports about
past Events and recent
articles submitted by our u3as.

Yorkshire Day in Guisborough – Sunday 2 August, 10-3pm

The Sunday Chaloner Street Markets can't be held at present, due to the roadworks, so it's been decided to have a Yorkshire Day in Guisborough on Sunday, 2 August. If it's successful, it may become an annual event (Yorkshire Day is on 1 August and it rotates to different towns in Yorkshire).

Westgate will be closed. There will be market stalls along the pavement from the Market Cross. It's planned to have marquees, a fun fair, bug houses to make for children, and lots of song and music on a stage near Boots/the Bakery. The Bellringers are planning to try to ring a quarter peal at 2pm. There'll be a local history display in Sunnyfield House and a Yorkshire Pudding competition. Rock up to Meeting Room 1 with your pride and joy and you may go down in history! There will be scarecrows and lots more, including games for children in Bakehouse Square (Rugby, Cricket and Football Clubs). There are also rumours that one of our fantastic groups may feature as a Flash Mob at 12pm near the Market Cross. The Guisborough Theatre Group will be giving readings and poetry recitations at the Market Cross and Farplace, the animal charity shop, will be presenting a fashion show.

The WI will be serving refreshments in the Bistro at Sunnyfield House and are planning to put tables and chairs in the car park. My contribution to the event is to hire the Parish Hall for Arts. This includes the Priory Art Group, Random Stitchers, Floral Artistry, Guisborough Arts, the Guisborough Photography Group, our very own Painting and Lino Cutting/Printing groups, the Woodcarvers and much more. Very reasonably priced refreshments will be available all day, including (fingers crossed) giant Yorkshire Puddings at lunch time!

There will be opportunities for organisations to promote themselves (for a fee) – please contact chalonerstreetmarket@gmail.com for details if you'd like details for another group you may belong to. If you'd like to get involved, stewards/marshals are being recruited – if you are interested, please contact Abi at the same email address.

A programme of events will take the public from Westgate, up to the Priory, to the Parish Hall and back via Bakehouse Square. 8000 copies are being printed and a copy should fall through your letterbox soon.

If you want to know more, I'll try to find out. Contact **Pam**

Guisborough Library

Guisborough Library closed on **Monday 15th June 2026** and will remain closed until **mid-tolate October 2026**. Further information is now available about pop-up library sessions.

Book lending/returning in **Sunnyfield House**:

Friday 3rd July 10am-2pm

Book lending/returning PLUS activities in the **Freemasons Hall** in Chaloner Street:

Mondays, Tuesdays and Wednesdays on the following dates:

July 20, 21, 22 and 27, 28, 29

August 3, 4, 5 and 10, 11, 12 and 17, 18, 19 and 24, 25, 26

Book lending/returning PLUS activities and more (information soon) in the **Church Hall**:

Saturday September 26th

A reminder that if you are unable to come to any of the pop-up sessions, books can be returned, borrowed, or your loan extended, at **any library across Redcar and Cleveland**.

You can also access the digital library via **BorrowBox**, which is free with your library membership. BorrowBox gives you 24hr access to eBooks, eAudiobooks, and eMagazines

Research participants needed



UNIVERSITY OF LEICESTER RESEARCH PARTICIPANTS NEEDED

Are you aged 65 or over?
Have you experienced fraud by someone you know or trust?

We want to hear your story.

I am conducting doctoral research at the University of Leicester to understand how older adults experience and respond to fraud by people they know or trust. This research aims to move beyond simple narratives to understand the complexity of your experiences.

What's Involved

- A confidential interview lasting up to 75 minutes
- Choose between in-person (East Midlands), online via Microsoft Teams, or by email
- Share your experiences in a safe, supportive environment
- Your identity will be protected, with all identifiable information removed

Can You Take Part?

- You are aged 65 or over
- You have experienced fraud or deception by someone you know or knew (partner, family, friend, or professional)
- Any investigation into the fraud has been completed
- You can speak and understand English fluently
- You are willing to share your experience

Why Your Voice Matters

- Improve understanding of how fraud affects older adults
- Inform psychological theory and clinical practice
- Support service development & safeguarding strategies

Interested in Participating?
Contact: Shannon Edwards
Trainee Clinical Psychologist
DCLinPsy Programme - University of Leicester
se220@leicester.ac.uk

As a thank you for your time, you will receive a £20 Love2Shop voucher!

This research has been reviewed and approved by the University of Leicester Research Ethics Committee: 5259

UNIVERSITY OF LEICESTER • DCLINPSY PROGRAMME • DOCTORAL RESEARCH

Following on from our speakers talking about fraud at June's monthly meeting, we have had a request for participants in related research.

You need to be aged 65 or over, have experienced fraud or deception by someone you know, any investigation has been completed and be willing to share your experience.

If you are interested, use the contact details found at the bottom of the poster to the left.

The confidential interview will last about 75 minutes, and you will receive a £20 Love2Shop voucher as a thank you for your time.

Next newsletter

The deadline for contributions to the next newsletter is **10th August**. The newsletter will be distributed by email or through the letterbox soon after this date.

Contact: newsletter@guisboroughu3a.co.uk

Useful links

Guisborough u3a website <https://guisborough.u3asite.uk/>

Guisborough u3a Facebook page <https://www.facebook.com/profile.php?id=61577605674673>

North East Region u3a website <https://northumbria.u3asite.uk/>

National u3a website <https://www.u3a.org.uk/>